

COACHING DISCLAIMER

As a Life Coach, I get excited helping clients like yourself in understanding and identifying opportunities in your life that bring about change and transformation!

Please ensure you read the information below prior to booking any coaching services.

By purchasing coaching services from Effectual Life Coaching, you confirm that you have read and agree to each statement and that you wish to proceed. If these terms are not agreeable, do not engage in the services provided by Effectual Life Coaching.

Coach/Client Relationship

- I understand that Coaching is at present, an unregulated industry and that my coach is not licensed by the State of California or any other state. I also understand that for all legal purposes, the services provided by my Coach will be considered to be provided in the state of California.
- I understand that Coaching is not therapy, counseling, advice-giving, mental health care, or treatment for substance abuse. The coach is not functioning as a licensed mental health professional and coaching is not intended as a replacement or substitute for counseling, psychiatric interventions, treatment for mental illness, recovery from past abuse, professional medical advice, financial assistance, legal counsel, or any other professional services.
- I understand that Coaching is basically for people who are well adjusted, emotionally healthy, functioning effectively, and wanting to make changes in their lives.
- I understand that Coaching is designed to address challenges the person being coached would like to consider. These could include (but are not limited to) career development, relationship enhancement, spiritual growth, lifestyle management, life balance, decision making, movement through transition, or the achievement of short-term or long-term goals.
- I understand and agree that I am fully responsible for my well-being during my coaching sessions, and subsequently, including my choices and decisions.
- I understand that all comments and ideas offered by my Coach are solely for the purpose of aiding me in achieving my defined goals. I have the ability to give my informed consent, and hereby give consent to my Coach to assist me in achieving such goals.

- I understand that thru the extent of our working together, it may involve career or business decisions. My Coach is not promising outcomes that may include but are not limited to increased clientele, profitability and or business success.

Confidentiality

- I understand that my Coach will protect my information as confidential and private unless I state otherwise in writing. As a client I understand that certain topics may be anonymously and hypothetically shared with other coaching professionals for training or consultation purpose. If I report child, elder abuse or neglect or threaten to harm myself or someone else, I understand that necessary actions will be taken and my confidentiality agreement may be limited in this capacity. Furthermore, if my Coach is ordered by a court to provide information or to testify, he/she will do so as required by law.
- I understand that Coaching is a confidential relationship and the coach agrees to keep all information (verbal as well as written) strictly confidential, except in those situations in which such confidentiality would violate the law or could jeopardize the safety of the client or others.
- I understand that my Coach takes confidentiality and privacy very seriously, and will minimize all risks associated with phone consults, virtual meetings and communications conducted via text, email and other technology, along with myself.

Actions

- I understand that any Coach representing www.EffectuaLifeCoaching.com shall in no way be held liable or responsible for any actions taken or not taken by the client. In addition, Coaches cannot guarantee any results. Results are produced by the level of action taken by the client and are solely the client's responsibility. I hereby release, waive, acquit and forever discharge my Coach, any agents, successors, assigns, personal representatives, executors, heirs and employees from every claim, suit action, demand or right to compensation for damage I may claim to have or that I may have arising out of acts or omissions by myself or by my Coach as a result of the advice given by my Coach or otherwise resulting from the coaching relationship contemplated by this agreement. I further declare and represent that no promise, inducement or agreement not expressed in this agreement has been made to me to sign this agreement. This agreement shall bind my heirs, executors, personal representatives, successors, assigns and agents.